

**ATLANTIC CITY POLICE & FIREFIGHTER'S**  
**Fifth Annual Seedorf-McMeekin**  
*Memorial 5K Run, 1 Mile Walk and Boardwalk Ride*  
**Saturday September 19, 2009**

- Time:** Race headquarters will be at Albany Avenue and the Boardwalk. Registration will be held from 7:00 a.m. until 8:45 a.m. Run starts at 9:05 a.m.
- Course:** The course will be out-and-back in two directions, starting at Albany Avenue. It will be contested entirely on the flat, fast traffic-free Atlantic City Boardwalk.
- Fee:** Pre-Registration is \$20.00, \$25.00 day of Run. All entrants receive a T-Shirt. Please call for details about entering a team.
- Awards:** Prizes will be awarded for 5 K run only in the following categories:  
**\$150.00 to First Overall Male and Female, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>,** Non-Monetary awards in the following categories: Ages up to 13, 13-19, 20-29, 30-39, 40-49, 50-59, 60 & Up Male and Female, Firefighter and Police Officer.
- Ceremony:** Awards will take place at the Hilton Beach Bar at the conclusion of the Run. A free buffet will be provided with a cash bar. Runners and their guests are welcome.

*MANY THANKS TO THE HILTON CASINO RESORT  
FOR ITS GENEROSITY AND KINDNESS!*

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**ENTRY FORM**  
**PLEASE PRINT ALL INFORMATION LEGIBLY!**

WAIVER: I UNDERSTAND BY COMPLETING THIS FORM, I ASSUME AND ALL RISKS OF RUNNING THIS EVENT. I RELEASE THE ATLANTIC CITY FIRE DEPARTMENT, THE ATLANTIC CITY POLICE DEPARTMENT, THE CITY OF ATLANTIC CITY, RACE DIRECTORS AND ANY OTHER ORGANIZATION/INDIVIDUAL FROM ANY INJURY/ILLNESS THAT I MAY INCUR. I ALSO UNDERSTAND THAT I WILL RELINQUISH MY RIGHT TO SUE ANY OF THE ABOVE.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SEX \_\_\_\_\_ AGE \_\_\_\_\_ T-SHIRT SIZE M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Professional FF Y \_\_\_\_\_ N \_\_\_\_\_ Police Officer Y \_\_\_\_\_ N \_\_\_\_\_

**MAKE CHECK PAYABLE TO: A.C. FIREFIGHTERS' RUN**

RACE 5-K RUN, 1-MILE FUN WALK OR BIKE RIDE

SIGNATURE (PARENT IF UNDER 18) \_\_\_\_\_

MAIL TO: ATLANTIC CITY PROFESSIONAL FIRE FIGHTERS LOCAL 198  
P.O. BOX 1909  
ATLANTIC CITY, NJ 08404

PHONE: 609-348-0989 FAX: 609-348-5442

Rain or Shine Event No Refunds